

JANUARY 2023 TRAINING

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
5:00-6:00 SH w/ KB 2nd-12th	5:00-6:00 Combo w/Kevin 2nd-12th	5:00-6:00 SH w/KB 2nd-12th	5:00-6:00 Combo w/KB 2nd-12th
6:00-7:00 PG w/ KB 2nd-12th	6:00-7:00 SH w/Gardner 2nd-12th	6:00-7:00 PG w/KB 2nd-12th	6:00-7:00 SH w/KB 2nd-12th

JANUARY CLASSES WILL START JAN 2ND

WE WILL BE CLOSED THE WEEK OF DEC 26TH-30TH