

Green – Team Practices
 Black – Unlimited Training Classes
 Grey – Elite Training
 Red – Gym Rentals

MARCH 2020 GYM SCHEDULE

MARCH CLASSES WILL START MARCH 2ND

Court 2	Court 1
Court 3	Court 4

	Monday March 2 nd , 9 th , 16 th , 23 rd	Tuesday March 3 rd , 10 th , 17 th , 24 th	Wednesday March 4 th , 11 th , 18 th , 25 th	Thursday March 5 th , 12 th , 19 th , 26 th	Friday March 6 th , 13 th , 20 th , 27 th
Court 1	4:00-5:00 Unlimited Training W/Darrell Murphy Point Guard Grades 2 nd -HS 5:00-6:00 Unlimited Training w/Darrell Murphy Wing Grades 2 nd -HS 6-7:30 5 th Pioneers Bret & Dro 6-7:30 8 th Pioneers Joe 7:30-9 8 th Swish Black Jason H 7:30-9 8 th Swish White Jason H	4:00-5:00 Unlimited Training w/Darrell Murphy Wing 2 nd - HS 5:00-6:00 Unlimited Training w/Darrell Murphy Combo 2 nd -HS 6-7:30 6 th Pioneers Darrell 6-7:30 5 th /6 th Pioneers Dro 7:30-9 U16 Darrell 7:30-9 U16 Ricky	4:00-5:00 Unlimited Training w/Darrell Murphy Shooting 2 nd -HS 5:00-6:00 Unlimited Training w/Darrell Murphy Post 2 nd -HS 6-7:30 3 rd /4 th Pioneers Bill 6-7:30 5 th Pioneers Bret & Dro 7:30-9 8 th Swish Black Jason H 7:30-9 8 th Swish White Jason H	4:00-5:00 Unlimited Training w/Darrell Murphy Combo 2 nd - HS 5:00-6:00 Unlimited Training w/Darrell Murphy Point Guard 2 nd -HS 6-7:30 6 th Pioneers Darrell 6-7:30 5 th /6 th Pioneers Dro 7:30-9 U16 Darrell 7:30-9 U16 Ricky	4:00-5:00 Unlimited Training w/Darrell Murphy Post 2 nd - HS 5:00-6:00 Unlimited Training w/Darrell Murphy Shooting 2 nd -HS 7:30-9 U15 Pioneers Richard 7:30-9 HS Swish Issac
Court 2	5:00-6:00 Unlimited Training w/Jasen Baskett Shooting Grades 8 th -12 th 6-7:30 7 th Pioneers Darrell 6-7:30 7 th Pioneers Kofi 7:30-9 U16 Pioneers James	5:00-6:00 Unlimited Training w/Jasen Baskett Shooting Grades 8 th -12 th 6-7:30 8 th Pioneers Jasen B 6-7:30 8 th Pioneers Kofi 7:30-9 7 th Swish Darnell	5:00-6:00 Unlimited Training w/Jasen Baskett Shooting Grades 8 th -12 th 6-7:30 7 th Pioneers Darrell 6-7:30 7 th Pioneers Kofi 7:30-9 U15 Pioneers Richard 7:30-9 HS Swish Issac	5:00-6:00 Unlimited Training w/Jasen Baskett Shooting Grades 8 th -12 th 6-7:30 8 th Pioneers Jasen B 6-7:30 8 th Pioneers Kofi 7:30-9 7 th Swish Black Darnell 7:30-9 7 th Swish White Darnell	5:00-9:00 BC Futsal Rental
Court 3		6:30-7:30 Unlimited Training w/Darnell Taylor Point Guard Grades 2 nd -HS		6:30-7:30 Unlimited Training w/Darnell Taylor Wing Grades 2 nd -HS	
Court 4	4:30-6:00 Elite Training W/Jerry Petty 6 th -HS 6:00-7:30 Elite Training W/Jerry Petty 6 th -HS	4:30-6:00 Elite Training W/Jerry Petty 6 th -HS	7:30-9 U16 Pioneers James	4:30-6:00 Elite Training W/Jerry Petty 6 th -HS 6-7:30 2 nd Pioneers Carly 7:30-9 4 th /5 th Swish Carly	6:00-7:00 Unlimited Training w/Darrell Murphy Point Guard 2 nd -HS
Weight Room		6:00-7:00 Elite Core Strength Class w/Jerry Petty 6 th -HS 7:00-8:00 Elite Core Strength Class w/Jerry Petty 6 th -HS		6:00-7:00 Elite Core Strength Class w/Jerry Petty 6 th -HS 7:00-8:00 Elite Core Strength Class w/Jerry Petty 6 th -HS	
Shooting Cage	4:00-9:00 30-minute Shooting Gun Rentals	4:00-9:00 30-minute Shooting Gun Rentals	4:00-9:00 30-minute Shooting Gun Rentals	4:00-9:00 30-minute Shooting Gun Rentals	4:00-9:00 30-minute Shooting Gun Rentals

For training class descriptions, costs and to register, please visit our website allcityhoops.com

Interested in joining a team? Fill out our looking for a team form on our website

SATURDAY March 7 th , 14 th , 21 st , 28 th	SUNDAY March 8 th , 15 th , 22 nd , 29 th
9am-10:30am Elite Vertimax/Shooting Gun Training w/Jerry Petty 6 th -HS	9am-10:30am Elite Vertimax/Shooting Gun Training w/Jerry Petty 6 th -HS