



WELCOME TO EMERALD CITY BASKETBALL ACADEMY

Emerald City Basketball Academy is a year round training academy specializing in player development. Founded in 2000, we were built on a philosophy of training first.

I want to thank you for your interest in ECBA! Back in 1997 when I had the idea to put together and coach an elite HS boys AAU team. This was the very 1st HS Boys Pioneer Team and what would become the basis of ECBA. I would work with these players in separate trainings from our team practices to help develop them into better players. The key philosophy in these trainings was to train the body not the skill. I took this philosophy, and I started Emerald City Basketball Academy in 2000 with its main focus on player development and then taking what players have learned and putting it into game play. We are designed to make players better through our training courses and the ECBA commitment. This level of commitment is to “the belief that a combination of instruction, player development and top-level competition allows each player to reach their desired basketball potential”.

~ Jasen Baskett ~ ECBA Owner & Founder

Training:

We are the leading training program in the NW. Our program offers five days a week of player development. We offer specialized classes created by our founder Jasen Baskett. All ECBA trainers, are trained to deliver the same high quality, proven training system that is based on fundamentals and the unique 6 tier philosophy developed by Coach Baskett.

1. **Bio-Mechanics** – Teach the athletic side of the basketball technique.
2. **1 on 0** – Teach breakdown body movements of the SKILL.
3. **Skill/Technique** – Putting parts together to make 1 motion movement.
4. **1 on 1** – Taking all parts learned in the first 3 steps, now the player executes the skill/technique closely guarded.
5. **1 on 1 HELPSIDE** – Using the 1 on 1 training and taking it to the next level, reading and reacting to help-side defense.
6. **2 on 2** – Finally, taking help-side defense to the next level with another defensive and offensive player, teaching players to see lanes and holes.

Players who attend ECBA group training sessions have the opportunity for specialized one to one training. We offer classes that specialize in wing, point guard, post, shooting development, and combination classes that focus on different ways to succeed in different styles of offenses. Within these classes, we focus on shooting form, moves to score, ways to set up shot opportunities, how to read the defense, etc.

Teams:

ECBA teams are formed based upon ability. Our team structure stresses fundamental team basketball. We incorporate our training and fundamentals into our offensive and defensive play. All ECBA teams are coached by ECBA coaches who know how to teach motion offenses, pick and rolls, dribble drive, proper zone attack, press break, and fast break. We also stress the importance of solid man to man defense, rebounding, full court press, and transition defense. In addition to these basic fundamental team concepts, our coaches also run quick hitters, zone traps, and special out of bounds plays that our coaches have learned and developed on their own through their years as players and coaches. Some of our teams are competitive at a national level and others at a local level. We have teams for all levels of play for boys and girls grades 2nd-HS

FREQUENTLY ASKED QUESTIONS

What is the cost to play on a team for the Fall/Winter Season?

Team Fee – Grades 2nd-3rd 1 time fee of \$450 (6 month Season)
Grades 4th-8th 1 time fee of \$870 (6 month Season)
Grades 9th-11th 1 time fee of \$290 (2 month Season)

Training Fee – **This is paid monthly. You choose your option. This is a requirement and is in addition to the team fee**

1 hour training - 1 Class a week (4 in a month) - \$125 a month
1 hour training - 2 Classes a week, 8 in a month - \$170 a month
1 hour training - Unlimited Classes - \$215 a month
Elite 1 ½ hour training - 1 class a week, 4 in a month - \$165 a month
Elite 1 ½ hour training - 2 classes a week, 8 in a month- \$215a month
Elite 1 hour training – 1 class a week, 4 in a month - \$145
Elite 1 Hour training – 2 classes a week, 8 in a month - \$185

Uniform - \$125 – Each uniform comes with a practice jersey.

AAU Membership - \$14

What is the cost to play on a team for the Spring/Summer Season?

Team Fee – Grades 2nd-3rd 1 time fee of \$450 (6 month Season)
Grades 4th-8th 1 time fee of \$870 (6th month Season)
Grades 9th-11th 1 time fee of \$1000 (6 month Season)

Training Fee – **This is paid monthly. You choose your option. This is a requirement and is in addition to the team fee**

1 hour training - 1 Class a week (4 in a month) - \$125 a month
1 hour training - 2 Classes a week, 8 in a month - \$170 a month
1 hour training - Unlimited Classes - \$215 a month
Elite 1 ½ hour training - 1 class a week, 4 in a month - \$165 a month
Elite 1 ½ hour training - 2 classes a week, 8 in a month- \$215a month
Elite 1 hour training – 1 class a week, 4 in a month - \$145
Elite 1 Hour training – 2 classes a week, 8 in a month - \$185

Uniform - \$125 – Each uniform comes with a practice jersey.

AAU Membership - \$14

Could there be any additional costs?

Yes. If your team chooses to participate in out of town tournaments, you are responsible for all of your child's travel related costs such as hotel, airfare, rental car and any other expenses associated with out of town travel. Your team will also allocate and collect fees for your coach's expenses and travel related fees. Travel related fees for out of town tournaments are separate and not covered by ECBA.

If your team decides to add any additional tournaments that are not scheduled by ECBA and budgeted in your team fee, the team will collect for these tournaments separately.

What does the team fee pay for?

The team fee pays for all tournaments and/or leagues that ECBA has scheduled, the coach, gym rental and all administrative costs.

Can I make payments on the team fee?

For Fall/Winter:

1st-3rd grade fee can be made in 1 or 2 payments

4th-8th grade fee can be made in 1 or 2 payments

9th-11th grade fee can be made in 1 or 2 payments

For Spring/Summer:

1st-3rd grade fee can be made in 1 or 2 payments

4th-8th grade fee can be made in 1 or 2 payments

9th-11th grade fee can be made in 1, 2 or 3 payments

Is my child required to attend training classes?

Yes. If your child is playing on an ECBA team they are required to attend and pay for training classes every month of the season. We are a development program and training is the foundation of ECBA. Training classes are in addition to your team practice and are a separate monthly fee.

If I am a team member and I do not sign up for training what happens?

All team members must register for their monthly classes on their own before the 1st class of the month or the 1st day of the month (whichever comes first). If members do not sign up for classes on their own before the 1st class of the new month or the 1st day of the month (whichever comes first), then you will be placed into a class and your credit card will be automatically charged.

What if my child does not want to play on a team? Can they still attend training classes?

Yes. Anyone can attend our training classes. You do not need to play on one of our teams.

Does my child need an AAU membership?

Yes. They will not be able to play on our teams or participate in any tournaments or league games without an AAU Membership.

When are team tryouts?

We have team tryouts twice a year. At the end of February for our Spring/Summer Season and at the end of August for our Fall/Winter youth Season and Fall HS Season.

How long is a season?

Youth (grades 2nd-8th) Spring/Summer 6 months. March, April, May, June, July, August
HS (grades 9th-11th) Spring/Summer 6 months. March, April, May, June, July, August

Youth (grades 2nd-8th) Fall/Winter 6 months. Sept., Oct. Nov, Dec, Jan, Feb
HS (grades 9th-12th) Fall – Sept, Oct

Is my child required to play the entire season?

Yes. If you register your child for a team, they are required to play for the entire season. If they quit before the season is over you will still be charged for training and there will be no refunds on the team fee.

When will my child's team practice?

Our teams will have one 1 ½ hour team practice. Team practice days and times are announced after tryouts are completed.

When will games be?

Games will be played on the weekends. Each team will be given a list of the tournaments and/or leagues they will play in for the season in their individual team email.

Tournament games are played on both Saturday and Sunday. League games are usually on either Saturday or on Sunday not both days.

Even though we will give you what events your team will be playing in, the actual days and times will come from the tournament and league directly and are normally available the week of the games.

Does ECBA run the tournaments and leagues?

No. We enter teams into these events that are run by other organizations. They are held outside of ECBA and are out of ECBA control. All game times, gym locations, and cancellation of games are the responsibility of the tournament and league directors.

What if my child gets injured?

If your child suffers an injury and cannot participate, please provide ECBA Administration with a written notice from a dr. and we will mark your child as injured on their team roster.

Do ECBA coaches have background checks?

Yes. Each coach has a background check done through AAU.

How much of a commitment is it to play on a team?

We expect all team members to attend all team practices, training and games. We understand that families have other commitments, but coaches will expect consistent attendance. If you need to miss for any reason this should be communicated with your team coach.

What happens if my child consistently misses games and practices?

Playing time is not guaranteed. It must be earned with commitment and production. This is done by attending practice, training and games. Coaches have full discretion to move players from one team to another. The reasons for being relocated or replaced would be if a player does not meet coaches' or directors' expectations in attendance, commitment and/or production.

How is team communication done?

Team communication is done through TeamSnap. Each team will have their own TeamSnap with their own team calendar. This is where practice days and times will be and all tournaments and leagues. It is important for each family to mark their availability in their TeamSnap calendar so coaches know who will be attending.

What is the best way to communicate with ECBA?

The best way to contact ECBA is through EMAIL. This will ensure the quickest reply to your questions. ecbahoops@hotmail.com. Please always include your child's first and last name, team/grade and a phone number.

Can my child play for another club and ECBA?

No. ECBA team members may not play for another club team and ECBA at the same time. School and feeder teams are ok.

What level of play are ECBA teams? Do you have more than one team at each grade level?

We normally have 2 teams at each grade level. We have teams for all levels. Our Black teams are our top level teams that play at the highest level. We also have 2nd teams that are highly competitive. We also have teams that are more developmental that help younger kids learn the game. We have something for everyone.

How many players are on a team?

We let the coach decide how many players they would like to have on their team.

Do you post each team's roster on your website after tryouts?

No. If you would like a roster of players after teams are set you will need to request this from us.

How do we know if my child has made a team?

Emails and phone calls start to go out the day after all tryouts are completed and can take a few days to be completed due to large amount of players trying out.

ADDITIONAL TRAINING INFORMATION

Our training classes run on 4 week sessions and progress from week to week.

When you register your child for a class, for example, Monday at 4:00, they will attend every Monday at 4:00 for the month.

If your child would like to change their class the following month they can.

All players must be registered in the class/classes they would like to attend. **We cannot allow any “drop ins”** This is for the safety of the players. We need to know everyone who will be attending classes. This includes anyone who has signed up for unlimited classes.

If your child shows up for a class they are not registered in they will be told to sit out.

Team Members - You must register your child every month for their class. This is not done automatically. If your child is not registered for a class by the 1st class of the new month or the 1st day of the month (whichever comes first), then your child will be placed into an open class by ECBA. This may not be the class you had the previous month.

If your child needs to switch a class mid-month, please email Bridget your request at ecbahoops@hotmail.com

If you have any special circumstances or need any additional assistance, please email Bridget at ecbahoops@hotmail.com